

October 26, 2013

The Family Flyer



Supporting Military Families
Cape Cod—Southeastern Massachusetts—SE New England

A special evening for military families...

HARVEST HAPPENINGS at the Charlestown Navy Yard aboard America's oldest warship afloat, **USS CONSTITUTION**

- ✧ Trick or treat through time
- ✧ Seafaring stories in the "belly" of Old Ironsides
- ✧ Sip "grog", eat "seadogs", and munch on "shipbiscuits"
- ✧ Make scurvy spiders, build a "Bones Jones", and enjoy many other fun activities

Saturday, October 26, 2013
5:30PM-8:00PM



This event requires advanced reservations and is ideal for kids age 5-12

For event details and reservation information, visit: <https://www.facebook.com/NewEnglandUSO>

Reservations must be made in advance by calling the USO through FRI 12-4p @ 617-720-4949

Check in opens at 5:00PM - Please check-in at the USO table located near the ship. Charlestown Navy Yard, Charlestown, MA The crew of the USS Constitution and the USO will team up for a wholesome night of fall fun! Come experience the history of America's oldest warship afloat and enjoy some slightly spooky sites and seasonal activities. This event is ideal for families with children ages 5-12. Please note the Constitution Museum is open that day, so it is a great educational way to start your adventure! The museum is located directly across the parking lot from the ship and free of charge for all service members. ABOARD THE SHIP ~ Trick or treat through time and meet the crew of the USS CONSTITUTION ~ Listen to seafaring stories ~ Hot dogs ~ Popcorn ~ Caramel apples ~ Cotton candy ~ Hot and cold beverages.

This event is for active duty service members and their dependents, with priority space given to families currently in a deployment cycle, those pre/post 90 days, wounded, ill, injured and families of the fallen. All activities, including food and refreshments, are complimentary.

We invite you and your crew to wear costumes if you wish, but please be mindful of weather. Much of this event is primarily outdoors and the elements of being on Boston Harbor should be considered. Prizes will be given for creative costumes! For more call or visit the USO on [Facebook](#).

Operation Military Kids Sponsors Family Opportunities for SAT 26 OCT



FREE—Haunted Barn Event for Military Families

SAT 26 OCT from noon-4 p.m. @ Smithfield Farms, Falmouth MA

You are invited to join us for an afternoon of FAMILY FUN! This event is open to all families that are impacted by the deployment of a loved one!

- Grooming, tacking and riding horses
- Creating gingerbread houses
- Haunted hayrides
- Refreshments
- FREE to military families



Space is limited!
To register contact
Kerry Bickford by [email](#)
or call 508 -375-6695



There will be a one-hour support group for the adults while children work on their haunted houses.

Camp Marshall Fall Family Fun Day

SAT 26 OCT from 10 a.m.—2 p.m. @ Camp Marshall, Spencer MA



Tractor Pulls
Visit our Barn Yard
Arts & Crafts
Face Painting
4-H Club Booths & Activities
Pony Rides - \$3
Hay Wagon Rides - \$2
Pedal Tractor Pulls 10:30 - \$1
Horse Show 2PM
Family Scavenger Hunt 11:30 - \$5
Hay Bale Toss 12:30

Harvest Lunch Special
11:30 - 1:00
Hot Turkey Sandwich with
Stuffing and Cranberry
Sauce, Chips and a Drink
\$7
Warm Apple Crisp Also
Available

Costume Parade at 1:30
sharp! Ribbons awarded for
best costumes

For more information visit Camp Marshall on their [webpage](#), by [email](#), or call 508-885-4891. Activities are subject to change.

Operation Military Kids has 100 bracelets for military families to participate in the day's activities. Plan a picnic or purchase a hot lunch and join us. All bracelets must be picked up by noon.
Visit the OMK table to
pick up your bracelet and make a button.

Pre-registration not required unless you want to reserve your bracelet. To reserve your bracelet contact: Kim Pond kima@umext.umass.edu with your name, branch of service, number of bracelets and contact information. Active, reserve and veterans welcome.





A FREE Day of Dentistry for Veterans
In collaboration with Dentistry from the Heart

Free Day of Dentistry for Veterans

SAT 09 NOV 8 a.m.—5 p.m.
11 Bay Court, Brewster, MA

To honor veterans of the U.S. Armed Forces, Dr. Stephen Bellorini, DMD, and the staff at East Brewster Dental, will offer free dental treatment for veterans all day on Saturday, November 9th. Veterans of the U.S. Armed Forces are eligible for a choice of cleaning, filling, extraction or denture repair.

Care will be provided on a “first come, first served” basis. Proof of service is required, with the showing of Form DD214 discharge papers, and veterans are encouraged to wear medals and ribbons from your time of service. New Smiles are FREE all day November 9th. At East Brewster Dental. www.eastbrewsterdental.com 508-255-0111



NOV Veterans Food Distribution

SAT 16 NOV from 9:30—10:30 a.m. @ Brockton VA Medical Center

Receive 20-25 lbs of nutritious produce! Please pre-register [online](#) or by calling (617) 210-5910 no later than Friday, November 8, 2013.

To register by phone please leave your name with the correct spelling and indicate the number of people in the household including how many adults, children, and seniors (over 60)

All participants are required to bring proof of veteran status (DD214) and for those married to a veteran a copy of a marriage certificate.



5th Annual Veterans Day Bed And Breakfast Offers for Veterans

SUN 10 NOV & MON 11 NOV

Each year, the B&B industry celebrates the sacrifices offered by our courageous vets by offering free rooms on or around Veterans Day. You can search the list by state or scroll through all the offers. In order to accommodate all those deserving free stays, innkeepers may offer “first-timers” to the program priority for stays.

Demand is high for the rooms, and while innkeepers choose how many complimentary stays they are able to offer, in some regions of the country, demand may exceed available rooms. Those interested in the promotion are encouraged to register early, and to understand that the closer we come to Veterans Day, the fewer rooms will be available.

How to find a participating inn/B&B: *Go to www.BetterwaytoStay.com. ; *Scroll down and sort offers by the state where you wish to book your stay ; *A list of participating inns from that state will appear; *Offers will appear FULL as rooms are filled at participating inns. Innkeepers may have waiting lists in the event of cancellations. If you see an inn/B&B indicate that it is FULL you may call to see if it is possible to be placed on the waiting list or move on to another option on the list ; *Make arrangements for your free stay by contacting the inn/B&B where you wish to stay directly by phone or email. No arrangements for complimentary stays can be made via this website.



Chatham Lodging Association Giving Away Free Stays to Veterans for Veterans Appreciation Days

For the second year in a row, Chatham is planning a very special Veterans Appreciation Weekend **09 & 10 NOV**. Six bed & breakfast inns from the Chatham Lodging Association have set aside two-night stays for Friday and Saturday, November 9 and 10, and will be offering them free of charge to the lucky veterans whose entry will be drawn on **01 NOV**. Chatham merchants and restaurants

will also be offering specials to our veterans over the Veterans Day weekend. **In order to enter to win, veterans are asked to go to: www.honoringallwhoserved.com**

The annual Veteran's Day Ceremony will take place at Veteran's Circle at Chatham's Main Street Rotary on **MON 11 NOV** at 11 a.m. to pay tribute to our nation's veterans. The Town of Chatham wishes to thank all of our nation's veterans, and this is one small way to show our gratitude. The Chatham Lodging Association is a group within the Chatham Chamber of Commerce.

WaterFire Salute to Veterans

SAT 09 NOV, Providence

This Veterans Day weekend join the celebration at [WaterFire Salute to Veterans](#). All veterans, military members and their families should come and allow a grateful state to Thank You for your service!



Beginning at 3:30 p.m. on the steps of the State House, there will be opening ceremonies with military leaders, troops and citizens in Rhode Island.

Be a part of the patriotic ceremony where 100 veterans, active duty and retired military members process from the State House with lighted torches to the basin. At the basin there will be ceremony with Joint Force Color Guard and a performance of the Navy Band Northeast.

There will be a resource center on Steeple Street to distribute information to veterans from Providence VA, Tri-care, Fleet and Family Services, state and non-profit advocacy for housing, employment, healthcare and more!

Federal Employee Open Season Starts MON 11 NOV

The 2013 Open Season for health, dental, and vision insurance and flexible spending accounts will be held from November 11, 2013 to December 9, 2013.

The annual Open Season gives federal employees and retirees the opportunity to review their health plan choices and make changes for the following year. It also allows eligible employees to enroll for coverage. FEHB Program enrollees should review the benefits and premiums for their health plan choices and decide what coverage will best fit their healthcare needs in the coming year.



The 2014 [FEHB premium rates](#) ; [FEDVIP dental premium rates](#) ; [FEDVIP vision premium rates](#)

You can find 2014 Federal Benefits Open Season information on OPM's website beginning November 4, 2013.

10% Military Discount Everyday

Military Discount Program: 10% off your purchase every day in all our retail stores, outlet stores, and online at YankeeCandle.com. This discount can be combined with any other in-store or coupon discount.

Who is Eligible: All active and retired members of the military, plus their immediate family..

**YANKEE
CANDLE®**
America's Best Loved Candle™

How to Receive the Military Discount:

Retail and Outlet Stores: Simply present any valid form of military identification to cashier at checkout.

Accepted forms of ID include: * U.S. Uniform Services Identification Card, * DDT214 Citation or Commendation, * U.S. Uniform Services Retired Identification Card, * Current Leave and Earnings Statement (LES), * Veterans Organization Card such as VA, American Legion and VFW

Website Orders: Email or fax us a copy of your Order Confirmation. info@yankeecandle.com



Kids Eat Free Every Sunday in October

The 99 Restaurants are offering a *Free kids meal is valid for child age 10 and under.

Kids meal must be ordered off the Kids Menu. Child must be present to receive the free kids meal. Tax and gratuity are not included. One free kids meal for every adult entrée purchased. Not valid with any other offers, discounts or coupons.



Operation Tribute registration open NOW –November 1st!

Operation Tribute acknowledges the sacrifices being made by the children of all military families living in New England, New York and New Jersey including the Coast Guard, National Guard, Reserves, Army, Navy, Air Force and Marines by offering them a holiday gift. At the request of a member of a military family, Operation Tribute will provide an age and gender appropriate gift to each child registered ranging from newborn to age 16. Each participating military family will be required to make the request between September 1 through November 1 and include the name, age, and gender of each participating child, the address that the package will be shipped to and the name, email address, service, rank and unit of the military service person. Registration can be done by calling their corporate offices at (207) 221-0296 or [can be done online](#).





Reebok
CORPORATE STORE

REEBOK WORLD HEADQUARTERS
1895 J.W. Foster Blvd. | Canton, MA

HOURS:
Monday, Wednesday & Friday: 9am - 6pm
Tuesday & Thursday: 9am - 7pm

When you arrive at Reebok, the Security Guard will direct you to the West Garage where you will park. Follow walkway from garage to entrance at back of building. Go upstairs to 2nd level to check in at the desk and shop our store. Please present flyer to security and again to cashier at the start of transaction.

Reebok
LIVE WITH FIRE

Reebok

Welcomes Military Personnel

Monday, November 11 - Friday, November 15

An exclusive shopping invitation from Reebok.
PLEASE ENJOY

40% OFF

YOUR TOTAL PURCHASE

Valid for one time use only. Present this certificate to the cashier at the time of purchase. Information must be complete in order to redeem offer. Altered certificates will not be accepted. Certificate has no cash value.

Please provide your information

Name: _____

Email: _____

Mobile: _____

☐ Check here to decline future communications. All information collected will be used in accordance with the Reebok International, Ltd. privacy policy available at <http://www.reebok.com/US/customer-service/privacy>. By opting in and providing the information above, you are consenting to receive information and offers from Reebok International, Ltd.

In honor of Veterans Day, and to show their sincere appreciation for those who serve our country, Reebok would like to invite all military personnel, veterans, and their immediate family members to receive 40% off their entire purchase at the Reebok Corporate Store in Canton, MA from November 11–November 15.

Customers must present the flyer in order to participate in the Recognition Program and to receive the discount.

Mashpee Schools Build Resiliency in Military-Connected Children

Two Mashpee elementary schools (K.C. Coombs Elementary and Quashnet Elementary) are participating in a new Home Base research study designed to be the first step in determining how schools can best support military-connected students in grades one through six.



Home Base is working with MA Secretary of Education Dr. Matthew Malone to raise awareness of the challenges facing military-connected children and families throughout MA. Secretary Malone and MA Dept of Veterans Services Secretary Coleman Nee visited the Home Base clinic this summer [Home Base's Staying Strong initiative](#). In Massachusetts, it is estimated that 231,000 family members have lived through two or more deployments in support of Operation Iraqi Freedom or Operation Enduring Freedom in Afghanistan. Research suggests that a child's well being is affected by a parent's deployment to a war zone and their return home.

In Mashpee, adjustment/guidance counselors and school nurses will meet with participating military families and work together to develop an individual Resilience Support Plan for military-connected students in their school. This plan will outline ways in which the classroom and school can offer additional support to the student. Next spring, the two schools will be asked to evaluate the Resilience Support Plan model. The goal is to strengthen classroom and school-wide practices that foster the well-being, positive academic experience and support resilience in military-connected elementary school-aged children. Home Base is looking forward to working with the Mashpee School System during the coming school year.



Fall Adventure Series features Harbor Islands

In October, some 200 Iraq and Afghanistan veterans and their families will enjoy a full day on Boston's Harbor Islands to mark the start of another season of the Home Base Adventure Series. The Harbor Islands cruise is generously sponsored by Bank of America.

This summer, hundreds of service members, veterans and their families joined Home Base for Adventure Series activities including sailing on the Charles River, and baseball with the Pawtucket Red Sox and Portland Sea Dogs.



The Adventure Series at Home Base offers military veterans and their families an opportunity to explore a new sport or activity together, meet other military families – and get acquainted with the Home Base Program. Participants do not have to be receiving care through Home Base, but for many individuals and families, the Adventure Series offers a first step into the program.

All events are free to participants, thanks to the generous support of host organizations like Bank of America, Boston Duck Tours, Community Boating, the Museum of Science, The Naismith Memorial Basketball Hall of Fame, Pawtucket Red Sox, Portland Sea Dogs, and Sugarbush Ski Resort. You can [register to receive Adventure Series emails here](#).



What's Happening on Joint Base Cape Cod

FoodRunner For Breakfast & Lunch

Located on the intersection of Richardson Rd and General's Blvd, FoodRunner is open for breakfast and lunch from 6:30 a.m.–2:00 p.m. daily. They offer free delivery is available MON–FRI from 11a.m.–2 p.m. (\$10 minimum please). 508–237–6995

Menu samples: Breakfast Burrito – Build your own \$6 ; Fruit–Yogurt–Granola \$4.50 ; No Bean Chili \$5.50 ; Frozen Fruit Smoothie \$4.50 ; Kayem Hot Dog \$2.50 ; Pulled Pork Sandwich \$ 6.50 ; various Grilled Chicken sandwiches \$6.50 , various Angus Burgers \$5.50–\$6.50



Upcoming at the Falcon Golf Course

Red, White & Blue Scramble has been Rescheduled!

SUN 27 OCT @ 9 a.m.

4 Person Team, 1 Team Member **MUST** be a Female!

6 Holes from **Red** Tees ; 6 Holes from **White** Tees ; 6 Holes from **Blue** Tees ; **Ladies play red on all holes**

Toss out the worst hole from each (1 **Red**, 1 **White**, 1 **Blue**) and the Total of the Remaining Holes is your Total Score [15 Holes] . \$35 per person includes ALL Fees. Sign up sheet is up now!



The Base Challenge

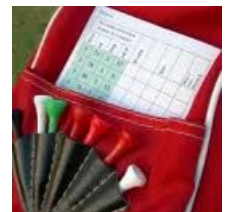
MON 11 NOV—9 a.m. shotgun

This event will be open to all Military and Federal employees that work and play on Joint Base Cape Cod. If space is available, Mass State employees will also be able to participate. Please contact the Falcon Pro Shop to check availability for sign up.

The tournament will be a four man scramble format that will use the White tees on holes 1-9 and Blue tees for holes 10-18.

The field will be held to 18 Teams and fees will be \$45.00 per person. This will include greens-cart-entry fees and lunch. I suggest everyone prepay by check to reserve your spot in the event.

Prizes for 1st and 2nd place and closest to the pin on the 12th hole. [May be something for last place also!]



To Sign Up for events contact the Falcon Pro Shop at 508–968–6453 or email [Dave Mosher](#)



Officials Announce Deadlines for Holiday Mail Delivery

Military Postal Service Agency (MPSA) officials recommend that parcel post packages for service members overseas be mailed by Nov. 12 for delivery by the holidays.

A chart [online](#) that shows deadlines for various mailing options, broken down by the APO/FPO/DPO numbers of various destinations.

USPS is offering a discount on its largest Priority Mail Flat Rate box at \$14.85. The price includes a \$2 per box discount for military mail being sent to APO/FPO/DPO destinations worldwide. Priority Mail Flat Rate boxes are available free at local post offices, or can be ordered from USPS online. Postage, labels and customs forms also are available online.

Career and Entrepreneurial Opportunities & Assistance

Career Event from One-Stop Career Centers

Career Fair WED 30 OCT from 10:00 a.m. - 2:00 p.m. at

Middleborough Town Hall, 2nd Floor, 10 Nickerson Avenue,

Be sure to dress for an interview. Bring plenty of resumes. If you are a member of any MA Career Center, bring your ID card # with you to all career center events. If you are not a member register [online](#) and bring your account # with you. If you are collecting unemployment, this counts toward your work search. *Sponsored by Plymouth Career Center & Middleboro on the Move*



Careers in the Massachusetts Department of Corrections FRI 01 NOV from 1:30– 3:30 p.m. @ 44 Front Street, 6th floor, Worcester

Please join us for a "Veteran" focused workshop discussing preferential hiring for Veteran's and best practices for success with the Civil Service Exams for CO's and CPO's. This workshop will include topics on background checks and physical fitness standards and requirements & qualifications for the uniformed positions, as well as a discussion on women in Law Enforcement & how to obtain a job in the DOC other than Corrections Officer. You may register to attend this seminar by contacting: [Bill Ryan](#) at 508-373-7620 or [Tom Forhan](#) at 508-373-7624. *This event is sponsored by the Workforce Central Career Center.*

Plymouth Area Veterans Resource Panel & Expo THU 07 NOV

8 a.m. registration,

8:30— 10 a.m. program

10—13:30 networking and expo



Program topics include: Financing available to veterans, marketing, government contracting and procurement. Special Guest speaker: Seth Goodhall, SBA Regional Administrator. *This event is sponsored by the Plymouth Area Chamber of Commerce and SBA.*

The National Labor Exchange Military Online Career Fair

THU 07 NOV from 12—3p.m. [Register here](#)

Child Care Programs for Military Families

- ♦ Are you a Working/Student Military Spouse Whose Soldier is Deployed?
- ♦ Are you a full-time Army Civilian / Technician ?
- ♦ Are you a full-time Title 10 or Title 32 Soldier in an AGR or ADOS status?



You may be eligible to receive child care fee assistance under these programs (Your spouse must be working/attending school at least part-time, or be looking for work/applying to school):



Operation: Military Child Care (OMCC)

The Operation Military Child Care program provides fee assistance for families of deployed or mobilized National Guard, Reserve and Active Duty Army soldiers during the duration of the deployment.



Military Child Care in Your Neighborhood (MCCIYN)

MCCIYN assists families of Active Duty Army Service Members and Army Civilians / Technicians with the cost of high-quality childcare outside of military installations in non-federal childcare centers and with private care providers who meet certain criteria. Eligible providers must be nationally accredited/credentialed, as well as meet their state licensing requirements.

For program information, to search for qualifying providers in your area, and to apply on-line, visit NACCR-RA.org or call Child Care Aware at 1-800-424-2246. You may also contact the MANG Child and Youth Program at 888-301-3103 X7290 or X7952 or email them at MASSNGYouth@aol.com.

MA National Guard: Raffle for 5 pairs of Celtics Tickets

The National Guard Association of Massachusetts, NGAMA, received a call from the National Guard Association of the United States, NGAUS, that a Corporate Member donated 10 tickets to the WED night 13 NOV 2013 Boston Celtics vs Charlotte game and NGAUS is donating them to the MA National Guard.



There will be 5 pairs of tickets to be given away. If you are interested please send your name and unit to CPT Danielle Sullivan danielle.m.sullivan6.mil@mail.mil NGAMA's Marketing Director. CPT Sullivan will announce the names on Monday after the NOV IDT weekend to ensure maximum announcement of message to all.

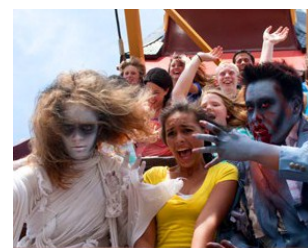


Discount code for Six Flags New England Fright Fest

Valid 31 OCT, 01—03 NOV

Just \$29 per person per day. Package includes: Free Standard Parking, All day Admission to Six Flags NE, and Halloween-Themed Midway Entertainment and Attractions! (certain attractions not included)

Visit [Six Flags New England](http://SixFlagsNewEngland)
Enter Promo Code: **Monster10**



**Massachusetts National Guard
Airman & Family Readiness Program
Joint Base Cape Cod, MA**



Erin Creighton
Program Manager
102IW/ A&FRPO
156 Reilly St Box 70
Otis ANG Base, MA 02542
Phone: 508-968-4855
Fax: 508-968-4846
erin.creighton@ang.af.mil

Requests to be added or removed from this distribution list may be sent directly to [Erin](mailto:Erin.creighton@ang.af.mil).

Food Program for Military Families

Are you a Cape Cod connected military family who could benefit from free food? Maybe you struggle to make ends meet but make too much to take advantage of other food assistance programs?

This program is designed to ease the financial challenges of families. Open to:

military families of all branches, with children AND who's unit or home is on Cape Cod.

HOW IT WORKS: Participants pick up a food package each month for year, allowing other bills to be paid.

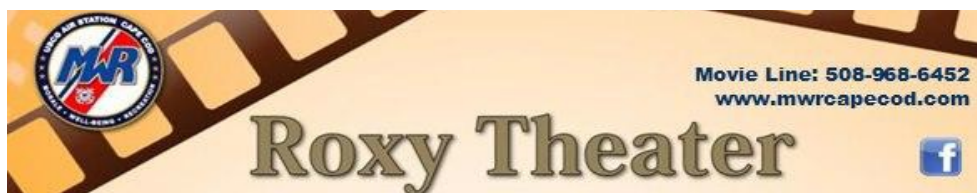
For full details [email](#) or call Erin 508-968-4855.

Read about Beehive Food Programs at local schools [HERE](#).



Military Appreciation Event & Care Package Drive SAT 09 NOV @ Cape Cod Harley Davidson, benefiting Cape Cod Cares for Our Troops

Placement of 60,000 National Ensign & Flag Placements for Veterans Day SAT 09 NOV@ 10a at Bourne National Cemetery



FREE Movies !!!!!!!!!!!

To find out what's playing



**THURS 31 OCT 4—6p.m.
@ Crosswinds Parking Lot**

Includes Youth Costume
Contest at 6 p.m.

Decorate your
Treat -Filled -Trunk



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